

Vignesh Nursing College



COURSE OFFERED

B.Sc., (N) - 4 Years
P.B.B.Sc., (N) - 2 Years
M.Sc., (N) - 2 Years



सत्यमेव जयते



RHODIUM JUBILEE
1926 - 2013



TRAINING PROGRAMME ON ACCOUCHEMENT

(Labour & Delivery Care)

Sponsored by Government of India
in collaboration with
Tamil Nadu Nurses & Midwives Council, Chennai

Hosted
by
Vignesh Nursing College
Manalurpet Road, Kizhanaikarai, Tiruvannamalai.

No. of credit hours awarded by the TNNMC is 40 Hrs

Date : 21st to 27th July 2017

Time : 09.00 am to 04.30 pm

Venue: V N C, AUDITORIUM



Organizing Secretary/ Course Coordinator:

Dr. S. Vijayalakshmi, M.A., M.Sc (N)., PhD (N)
Principal,
Vignesh Nursing College.
Mob No: 9489519091

Registration Details:

Registration Free

Filled in registration form should be addressed to

Dr. S. Vijayalakshmi, M.A., M.Sc (N)., PhD (N)
Organizing Secretary,
Vignesh Nursing College.
No. 131, Manalur pet Road,
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PROGRAMME SCHEDULE

DAY: 1- 21st JULY 2017

Time	Topic	Session	Chairpersons or others Resource Persons
09.00 to 10.00 am	Registration		
10.00 to 10.30 am	Inauguration		
10.30 to 11.00 am	Importance of OBG skill & Overview of the Training Programme	Lecture	Dr.S. Vijayalakshmi Principal Vignesh Nursing college Tiruvannamalai
11.00 to 11.15 am	High Tea		
11.15 to 12.00 pm	The State of Midwifery Today	Lecture	Dr. R. Vijayalakshmi, Principal, Arcot Mahalakshmi CON, Arcot.
12.00 to 12.45 pm	Human Rights in Child Birth	Lecture	Dr. D. R. Anupama, M.B.B.S DLO, Hameesh Clinic, Tiruvannamalai
12.45 to 01.15 pm	Yoga, Breathing and Relaxation for Child Birth	Lecture	Dr. R. Vijayalakshmi, Principal, Arcot Mahalakshmi CON, Arcot.
01.15 to 02.00 pm	Lunch Break		
02.00 to 02.45 pm	Human Rights in Child Birth	OSCE	Mr.V.Poovaragavan, Associate Professor, Vignesh Nursing College, Tiruvannamalai
02.45 to 03.30 pm	Yoga, Breathing and Relaxation for Child Birth	Demo	Mrs. R.Jayalakshmi, Associate Professor, Vignesh Nursing College, Tiruvannamalai
03.30 to 04.15 pm	Yoga, Breathing and Relaxation for Child Birth	Group Work	Mr. S. Rajesh, Assistant Professor, Vignesh Nursing College, Tiruvannamalai
04.15 to 04.30 pm	High Tea		

DAY: 6

26th JULY 2017

Time	Topic	Session	Chairpersons or others Resource Persons
09.00 to 10.00 am	Active Management of Third Stage of Labour	Lecture cum Demo	Dr. S.Vijayalakshmi, Principal, Vignesh Nursing College Tiruvannamalai
10.00 to 11.00 am	Active Management of Third Stage of Labour	Group Activity (OSCE)	Mrs. R. Jayalakshmi, Associate Professor, Vignesh Nursing College Tiruvannamalai
11.00 to 11.15 am	High Tea		
11.15 to 12.15 pm	Mal Positions	Lecture cum Demo	Mrs. V. Praba, Vice-Principal Arun College of Nursing Vellore
12.15 to 01.00 pm	Occipito Posterior	Group Work	Mrs. E.Alex Merlin, M.Sc (N) Vignesh Nursing College Tiruvannamalai
01.00 to 02.00 pm	Lunch Break		
02.00 to 02.45 pm	Drugs in Obstetrics	Lecture	Mrs. V. Praba, Vice-Principal Arun College of Nursing Vellore
02.45 to 03.30 pm	New Born Care	Lecture	Mrs.U.Udayasankari, Associate Professor, Vignesh Nursing College, Tiruvannamalai
03.30 to 04.15 pm	Drugs in Obstetrics	Group work (OSCE)	Mr. V. Poovaragavan Associate Professor, Vignesh Nursing College, Tiruvannamalai
04.15 to 04.30 pm	High Tea		

DAY: 5
25th JULY 2017

Time	Topic	Session	Chairpersons or others Resource Persons
09.00 to 09.30 am	Apgar score	Lecture	Ms.R.Tamizhazhagi, Assistant Professor Vignesh Nursing College Tiruvannamalai
09.30 to 10.30 am	New Born Reflexes	Lecture	Dr.S.Vasanthakumari, Principal, Jeeva College of Nursing, Krishnagiri
10.30 to 11.00 am	New Born Reflexes	Group Activity (OSCE)	Mr. V. Poovaragavan, Associate Professor, Vignesh Nursing College Tiruvannamalai
11.00 to 11.15 am	High Tea		
11.15 to 12.15 pm	Episiotomy	Lecture	Mrs. T. Amutha, Professor, Omayal Achi CON Chennai
12.15 to 01.00 pm	Episiotomy	Group Activity (OSCE)	Mrs. R. Suguna, Assistant Professor Vignesh Nursing College Tiruvannamalai
01.00 to 02.00 pm	Lunch Break		
02.00 to 03.00 pm	Episiotomy Suturing	Lecture	Mrs. T. Amutha, Professor, Omayal Achi CON Chennai
03.00 to 04.15 pm	Episiotomy Suturing	Group Activity (OSCE)	Mrs.A.Padmavathi, Associate Professor Vignesh Nursing College Tiruvannamalai
04.15 to 04.30 pm	High Tea		

DAY: 2
22nd JULY 2017

Time	Topic	Session	Chairpersons or others Resource Persons
09.00 to 10.00 am	Physiology of First Stage of Labour	Lecture	Dr. K. Abirami, Professor, SRM CON, Chennai
10.00 to 10.30 am	Partograph	Lecture cum Demo	Mrs.P.Sasikala,M.Sc(N) Staff Nurse, PHC - Villupuram Dist
10.30 to 11.00 am	Plotting Partograph	Group Work	Mr. V. Poovaragavan, Associate Professor, Vignesh Nursing College, Tiruvannamalai
11.00 to 11.15 am	High Tea		
11.15 to 12.00 pm	Vaginal Examination	Lecture cum Demo	Dr. S.Vijayalakshmi, Principal, Vignesh Nursing College Tiruvannamalai
12.00 to 01.00 pm	Vaginal Examination	Group Activity (OSCE)	Mrs. E. Alex Merlin, M.Sc (N), Vignesh Nursing College Tiruvannamalai
01.00 to 02.00 pm	Lunch Break		
02.00 to 03.00 pm	Labour Management During First Stage	Lecture	Dr. K. Abirami, Professor, SRM CON, Chennai
03.00 to 04.15 pm	Labour Management During First Stage	Group Activity (OSCE)	Mrs. A. Padmavathi, Associate Professor, Vignesh Nursing College, Tiruvannamalai
04.15 to 04.30 pm	High Tea		

DAY: 3**23rd JULY 2017**

Time	Topic	Session	Chairpersons or others Resource Persons
09.00 to 10.00 am	Physiology of Second Stage of Labour	Lecture	Dr. K. Latha, Professor, SRM CON, Chennai.
10.00 to 11.00 am	Conduction of Labour	Lecture cum Demo	Dr. K. Latha, Professor, SRM CON, Chennai.
11.00 to 11.15 am	High Tea		
11.15 to 11.45 am	Conduction of Labour	Video Show	Mrs. R. Suguna, Assistant Professor Vignesh Nursing College Tiruvannamalai
11.45 to 12.15 pm	Management of First Stage of Labour	Lecture	Dr. S.Vijayalakshmi, Principal, Vignesh Nursing College Tiruvannamalai
12.15 to 01.00 pm	Myths in Midwifery practices	Lecture	Mrs. R. Jayalakshmi, Associate Professor, Vignesh Nursing College, Tiruvannamalai
01.00 to 02.00 pm	Lunch Break		
02.00 to 03.00 pm	New Born Resuscitation	Lecture	Dr.S.Vasanthakumari, Principal, Jeeva College of Nursing, Krishnagiri
03.00 to 04.15 pm	New Born Resuscitation	Group Activity (OSCE)	Ms. R. Tamizhazhagi, Assistant Professor Vignesh Nursing College Tiruvannamalai
04.15 to 04.30 pm	High Tea		

DAY: 4**24th JULY 2017**

Time	Topic	Session	Chairpersons or others Resource Persons
09.00 to 10.00 am	Physiology of Third Stage of Labour	Lecture	Dr.B.Jaya Bharathi Professor, SRM CON, Chennai
10.00 to 11.00 am	Mal Presentations	Lecture cum Demo	Mrs. Ebenezer Ellen Benjamin, Professor, College of Nursing CMCH Vellore
11.00 to 11.15 am	High Tea		
11.15 to 12.00 pm	Placental Examination	Lecture	Dr.B.Jaya Bharathi Professor, SRM CON, Chennai
12.00 to 01.00 pm	Prolonged Labour	Lecture	Mrs. Ebenezer Ellen Benjamin, Professor, College of Nursing CMCH Vellore
01.00 to 02.00 pm	Lunch Break		
02.00 to 02.30 pm	Breech Delivery	Return Demo	Mrs. R. Jayalakshmi Associate Professor, Vignesh Nursing College Tiruvannamalai
02.30 to 03.00 pm	Face Presentation	Return Demo	Mrs. A. Padmavathi Associate Professor, Vignesh Nursing College Tiruvannamalai
03.00 to 03.30 pm	Shoulder Presentation	Return Demo	Mrs. R. Suguna Assistant Professor, Vignesh Nursing College Tiruvannamalai
03.30 to 04.15 pm	Placental Examination	Group Activity (OSCE)	Ms. R. Tamizhazhagi, Assistant Professor Vignesh Nursing College Tiruvannamalai
04.15 to 04.30 pm	High Tea		

DAY: 7
27th JULY 2017

Time	Topic	Session	Chairpersons or others Resource Persons
09.00 to 10.00 am	Ruptured Uterus	Lecture	Dr. D. R. Anupama, M.B.B.S, DLO., Harneesh Clinic Tiruvannamalai
10.00 to 11.00 am	Postnatal Assessment	Lecture	Dr. S.Vijayalakshmi Principal, Vignesh Nursing College Tiruvannamalai
11.00 to 11.15 am	High Tea		
11.15 to 12.00 pm	Postnatal Assessment	Group Activity (OSCE)	Mrs. R. Suguna, Assitant Professor Vignesh Nursing College Tiruvannamalai
12.00 to 01.00 pm	Postpartum Haemorrhage	Lecture	Mrs. Beaula Indrani, Vice President, TNNMC, Chennai
01.00 to 02.00 pm	Lunch Break		
02.00 to 03.00 pm	Postpartum Haemorrhage	Group Activity (OSCE)	Mrs. A. Padmavathi, Associate Professor Vignesh Nursing College Tiruvannamalai
03.00 to 04.15 pm	Valedictory Session		
04.15 to 04.30 pm	High Tea		

Dear Friends and Fraternity

When it comes to healthy deliveries and healthy babies, nothing is more important than how soon mother takes care of herself and her unborn bundle of joy. However, even the most experienced mothers need a little guidance during these joyful, yet stressful, moments in their lives.

Trained obstetric professionals are typically the ones that women turn to before, during, and after their nine month journeys. Although obstetricians play an integral and unquestionably important role during this time in a woman's life, obstetric nurses are dedicated professionals that should not be overlooked. Obstetric nurses help women during pregnancy, labour and childbirth, as well as women with health issues with their reproductive system. It is quiet imperative to update nurses with in service education for the beneficiary of the parturients.

This training programme is designed to offer basic training and to strengthen education skills for the childbirth educators, nurses, prenatal instructors, and others working with the childbearing family. Attending the entire training programme will make the nurses more knowledgeable and skillful in handling the delivery process and preserve the health of the mother and the newborn.

We look forward to welcome you to Vignesh Nursing College to attend the training programme on "Accouchement" (Labour and Delivery Care).

The objectives are to

- Discuss the State of Midwifery Today.
- List Human Rights in Child Birth.
- Identify ways to enhance Yoga, Breathing and Relaxation in Child Birth.
- Demonstrate the stages of Labour, Malpresentation and Malposition.
- Plot the Partograph.
- Enhance the skills in vaginal examination, Placental examination, New born care, Reflexes and Resuscitation.
- Identify Myths in Midwifery practices.
- Fortify the skills in Episiotomy and Suturing.
- Explain Post natal assessment, Drugs in obstetrics, Prolonged labour, Ruptured uterus and Postpartum haemorrhage.