



**TRAINING PROGRAMME**  
**ON**  
**ACCOUCHEMENT**  
(Labour & Delivery Care)

**Sponsored by Government of India**  
**in**  
**collaboration with**  
**Tamil Nadu Nurses Midwives Council, Chennai**

**Hosted**  
**by**  
**Vignesh Nursing College,**  
**Tiruvannamalai.**

**Date: 21-07-2017 to 27-07-2017**

**Venue: Vignesh Nursing College, Auditorium**  
**Kizhanaikarai, Tiruvannamalai**

## **Dear Friends and Fraternity,**

When it comes to healthy deliveries and healthy babies, nothing is more important than how soon mother takes care of herself and her unborn bundle of joy. However, even the most experienced mothers need a little guidance during these joyful, yet stressful, moments in their lives.

Trained obstetric professionals are typically the ones that women turn to before, during, and after their nine month journeys. Although obstetricians play an integral and unquestionably important role during this time in a woman's life, obstetric nurses are dedicated professionals that should not be overlooked. Obstetric nurses help women during pregnancy, labour and childbirth, as well as women with health issues with their reproductive system. It is quiet imperative to update nurses with in service education for the beneficiary of the parturients.

This training programme is designed to offer basic training and to strengthen education skills for the childbirth educators, nurses, prenatal instructors, and others working with the childbearing family. Attending the entire training programme will make the nurses more knowledgeable and skilful in handling the delivery process and preserve the health of the mother and the newborn

We look forward to welcome you to Vignesh Nursing College to attend the training programme on "Accouchement".

### **The objectives are to**

- ☞ Discuss the State of Midwifery Today.
- ☞ List Human Rights in Child Birth.
- ☞ Identify ways to enhance Yoga, Breathing and Relaxation in Child Birth.
- ☞ Demonstrate the stages of Labour, Malpresentation and Malposition
- ☞ Plot the Partograph
- ☞ Enhance the skills in Vaginal Examination, Placental Examination, Newborn Care, Reflexes and Resuscitation.
- ☞ Identify Myths in Midwifery practices
- ☞ Fortify the skills in Episiotomy and Suturing
- ☞ Explain Post natal assessment, Drugs in obstetrics, Prolonged labour, Ruptured uterus and Postpartum haemorrhage

**DAY: 1 - 21<sup>st</sup> July 2017**

<b>Time</b>	<b>Topic</b>	<b>Session</b>	<b>Chairpersons or other resource persons</b>
9.00 to 10.00am	Registration		
10.00 -10.30am	Inauguration		
10.30 – 11.00am	Importance of OBG skill & Overview of the Training Programme	Lecture	Dr. S.Vijayalakshmi, Principal, Vignesh Nursing College Tiruvannamalai
11.00 -11.15am	High Tea		
11.15 – 12.00	The State of Midwifery Today	Lecture	Dr. R. Vijayalakshmi, Principal, Arcot Mahalakshmi CON, Arcot.
12.00- 12.45pm	Human Rights in Child Birth	Lecture	Dr. D.R.Anupama, M.B.B.S DLO, Haineesh Clinic, Vetavallam Road, Tiruvannamalai.
12.45 -1.15pm	Yoga, Breathing and Relaxation for Child Birth	Lecture	Dr.R.Vijayalakshmi, Principal, Arcot Mahalakshmi CON, Arcot
1.15 – 2.00 pm	Lunch Break		
2.00 – 2.45pm	Human Rights in Child Birth	OSCE	Mr. V. Poovaragavan, Associate Professor, Vignesh Nursing College, Tiruvannamalai
2.45 – 3.30pm	Yoga, Breathing and Relaxation for Child Birth	Demonstration	Mrs.R.Jayalakshmi Associate Professor Vignesh Nursing College Tiruvannamalai
3.30 – 4.15pm	Yoga, Breathing and Relaxation for Child Birth	Group work	Mr.S.Rajesh, Assistant Professor, Vignesh Nursing College, Tiruvannamalai
4.15 – 4.30pm	High Tea		

**DAY: 2 - 22<sup>nd</sup> July 2017**

<b>Time</b>	<b>Topic</b>	<b>Session</b>	<b>Chairpersons or other resource persons</b>
9.00 to 10.00am	Physiology of First Stage of Labour	Lecture	Dr.K. Abirami, Professor, SRM CON, Chennai
10.00 -10.30am	Partograph	Lecture Cum Demo	Mrs. P.Sasikala, M.Sc (N) Staff Nurse, PHC – Villupuram Dist
10.30.-11.00am	Plotting Partograph	Group Work	Mr. V. Poovaragavan, Associate Professor, Vignesh Nursing College, Tiruvannamalai
11.00 -11.15am	High Tea		
11.15 – 12.00	Vaginal Examination	Lecture Cum Demo	Dr. S.Vijayalakshmi, Principal, Vignesh Nursing College Tiruvannamalai
12.00 -1.00pm	Vaginal Examination	Group Activity (OSCE)	Mrs.E.Alex Merlin, M.Sc Vignesh Nursing College Tiruvannamalai
1.00 – 2.00pm	Lunch Break		
2.00 – 3.00pm	Labour management During First Stage	Lecture	Dr.K.Abirami, Professor, SRM CON, Chennai
3.00 – 4.15pm	Labour management During First Stage	Group Activity & OSCE	Mrs. A.Padmavathi Associate Professor, Vignesh Nursing College, Tiruvannamalai
4.15 – 4.30pm	High Tea		

**DAY: 3 - 23<sup>rd</sup> July 2017**

<b>Time</b>	<b>Topic</b>	<b>Session</b>	<b>Chairpersons or other resource persons</b>
9.00 to 10.00am	Physiology of Second Stage of Labour	Lecture	Dr. K. Latha, Professor, SRM CON, Chennai
10.00 -11.00am	Conduction of Labour	Lecture cum Demo	Dr. K.Latha, Professor, SRM CON, Chennai
11.00 -11.15am	High Tea		
11.15 – 11.45am	Conduction of Labour	Video Show	Mrs. R. Suguna, Assistant Professor Vignesh Nursing College Tiruvannamalai
11.45- 12.15pm	Management of Second Stage of Labour	Lecture	Dr. S.Vijayalakshmi Principal Vignesh Nursing College Tiruvannamalai
12.15 -1.00pm	Myths in Midwifery practices	Lecture	Mrs.R.Jayalakshmi Associate Professor Vignesh Nursing College Tiruvannamalai
1.00 – 2.00pm	Lunch Break		
2.00 - 3.00pm	New Born Resuscitation	Lecture	Dr.S.Vasanthakumari, Principal, Jeeva College of Nursing, Krishnagiri
3.00 – 4.15pm	New Born Resuscitation	Group Activity (OSCE)	Ms.R.Tamizhazhagi, Assistant Professor Vignesh Nursing College Tiruvannamalai
4.15 –4.30pm	High Tea		

**DAY: 4 - 24<sup>th</sup> July 2017**

<b>Time</b>	<b>Topic</b>	<b>Session</b>	<b>Chairpersons or other resource persons</b>
9.00 to 10.00am	Physiology of Third Stage of Labour	Lecture	Mrs.B.Jaya Bharathi Professor, SRM CON, Chennai
10.00 -11.00am	Mal presentations	Lecture cum Demonstration	Mrs.M.Ebenezer Ellen, Professor, College of Nursing CMCH Vellore
11.00 -11.15am	High Tea		
11.15 – 12.00	Placental Examination	Lecture	Mrs.B.Jaya Bharathi Professor, SRM CON, Chennai
12.00 - 1.00pm	Prolonged Labour	Lecture	Mrs.M.Ebenezer Ellen, Professor, College of Nursing CMCH Vellore
1.00 – 2.00pm	Lunch Break		
2.00 – 2.30pm	Breech Delivery	Return Demonstration	Mrs.R.Jayalakshmi Associate Professor, Vignesh Nursing College Tiruvannamalai
2.30 – 3.00 pm	Face Presentation	Return Demonstration	Mrs.A.Padmavathi, Associate Professor Vignesh Nursing College Tiruvannamalai
3.00 – 3.30pm	Shoulder Presentation	Return Demonstration	Mrs. R. Suguna, Assistant Professor Vignesh Nursing College Tiruvannamalai
3.30 – 4.15pm	Placental Examination	Group Activity (OSCE)	Ms.R.Tamizhazhagi, Assistant Professor Vignesh Nursing College Tiruvannamalai
4.15 – 4.30pm	High Tea		

**DAY: 5 - 25<sup>th</sup> July 2017**

<b>Time</b>	<b>Topic</b>	<b>Session</b>	<b>Chairpersons or other resource persons</b>
9.00 to 9.30am	APGAR Score	Lecture	Ms.R.Tamizhazhagi, Assistant Professor Vignesh Nursing College Tiruvannamalai
9.30 to 10.30am	New Born Reflexes	Lecture	Dr.S.Vasanthakumari, Principal, Jeeva College of Nursing, Krishnagiri
10.30 -11.00am	New Born Reflexes	Group Activity (OSCE)	Mr. V. Poovaragavan, Associate Professor, Vignesh Nursing College, Tiruvannamalai
11.00 -11.15am	High Tea		
11.15 – 12.15	Episiotomy	Lecture	Mrs.T.Amutha, Professor, Omayal Achi CON Chennai
12.15 -1.00pm	Episiotomy	Group Activity (OSCE)	Mrs.R.Suguna, Assitant Professor Vignesh Nursing College Tiruvannamalai
1.00 – 2.00pm	Lunch Break		
2.00 – 3.00pm	Episiotomy Suturing	Lecture	Mrs.T.Amutha, Professor, Omayal Achi CON Chennai
3.00 – 4.15pm	Episiotomy Suturing	Group Activity (OSCE)	Mrs.A.Padmavathi, Associate Professor Vignesh Nursing College Tiruvannamalai
4.15 – 4.30pm	High Tea		

**DAY: 6 - 26<sup>th</sup> July 2017**

<b>Time</b>	<b>Topic</b>	<b>Session</b>	<b>Chairpersons or other resource persons</b>
9.00 to 10.00am	Active Management of Third Stage of Labour	Lecture cum Demo	Dr. S.Vijayalakshmi, Principal, Vignesh Nursing College Tiruvannamalai
10.00 -11.00am	Active Management of Third Stage of Labour	Group Activity (OSCE)	Mrs.R.Jayalakshmi Associate Professor, Vignesh Nursing College Tiruvannamalai
11.00 -11.15am	High Tea		
11.15 – 12.15	Mal positions	Lecture cum Demonstration	Mrs.V.Praba, Vice-Principal Arun College of Nursing Vellore
12.15 -1.00pm	Occipito Posterior	Group work	Mrs.E.Alex Merlin, M.Sc Vignesh Nursing College Tiruvannamalai
1.00 – 2.00pm	Lunch Break		
2.00 – 2.45pm	Drugs in Obstetrics	Lecture	Mrs. V. Praba, Vice-Principal Arun College of Nursing Vellore
2.45 – 3.30pm	New Born Care	Lecture	Mrs.U.Udhayasankari, Associate Professor, Vignesh Nursing College, Tiruvannamalai
3.30 – 4.15pm	Drugs in Obstetrics	OSCE Group work	Mr. V. Poovaragavan, Associate Professor, Vignesh Nursing College, Tiruvannamalai
4.15 – 4.30 pm	High Tea		

**DAY: 7 - 27<sup>th</sup> July 2017**

<b>Time</b>	<b>Topic</b>	<b>Session</b>	<b>Chairpersons or other resource persons</b>
9.00 - 10.00am	Ruptured Uterus	Lecture	Dr.D.R.Anupama, M.B.B.S DLO, Haineesh Clinic, Vetavallam Road, Tiruvannamalai.
10.00 -11.00am	Postnatal Assessment	Lecture	Dr.S.Vijayalakshmi Principal, Vignesh Nursing College Tiruvannamalai
11.00 -11.15am	High Tea		
11.15 – 12.00	Postnatal Assessment	Group Activity (OSCE)	Mrs.R.Suguna, Assitant Professor Vignesh Nursing College Tiruvannamalai
12.00 -1.00pm	Postpartum Haemorrhage	Lecture	Mrs. Beaula Indrani, Vice President, TNNMC, Chennai
1.00 – 2.00pm	Lunch Break		
2.00 – 3.00pm	Postpartum Haemorrhage	Group Activity (OSCE)	Mrs.A.Padmavathi, Associate Professor Vignesh Nursing College Tiruvannamalai
3.00 – 4.15pm	Valedictory Session		
4.15 – 4.30pm	High Tea		

**Organizing Secretary/Course Coordinator:**

**Dr. S. Vijayalakshmi, M.A., M.Sc (N), PhD (N)**

Principal, Vignesh Nursing College.

Mob No: 9489519091, 9578267660

**Registration Details:**

**Registration Free**

**Filled in registration form should be addressed to**

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